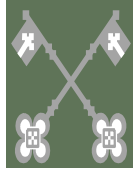


Bolton Parish Church



St Peter, Bolton-le-Moors

Parish News



February 2011

75p

Dear Friends,

Having just returned from a week in the warmth and sunshine of Fuerteventura and been confronted again by the chilly winds of Bolton in January, the question of climate has been very much on my mind.

Even though I was born in a place with a rather more extreme climate - summer temperatures occasionally reaching +30 degrees C and winter temperatures regularly plummeting to -30 degrees C (and colder!) - I willingly traded that for the more temperate climate of Britain. I must confess, though, that I have now been persuaded that a warm Mediterranean climate is even better! (And before you point it out, I do know that the Canary Islands are NOT in the Mediterranean!)

The whole concept of climate is actually very complex. A particular climate zone can be almost endlessly subdivided in order to improve the accuracy of description and prediction. Here in the North West, for example, we appear to have our own micro-climate, avoiding the worst of the British winter weather while most of the rest of the country is snowbound.

One climate may differ from another, and each person may have their own personal preferences, but with regard to weather, climate is a neutral concept – neither intrinsically good nor bad.

But we use the word climate in a host of other ways too, all of them with reference to the conditions within which we exist either as individuals or as a society.

We talk about the political climate and the economic climate when we want to describe how things are at the moment and the direction in which they are likely to move in the immediate future. And each of these topics fosters endless debate, often generating a great deal of heat and very little light.

Once again, whether the prevailing political or economic climate is a positive or negative influence on the development of society as a whole, and on the safety and security of individuals within that society, will be, in the main, a matter of personal opinion. But the reality is that there will be political and economic climates which will be less “healthy” than others. The difficulty is in attempting to discern what needs to, and what can, be changed in order to improve them.

But we talk too about people who live in a climate of fear – whether it is in their homes, in their neighbourhoods, or in their nations. This kind of climate is

something that is never healthy, for fear is a powerful negative emotion which can have debilitating consequences. But how can we counter it?

St. Ignatius of Loyola, the early 16th century, hermit, priest and theologian who founded the Society of Jesus (the Jesuits), points us toward a way out of fear through the gift of faith.

O Christ Jesus,
when all is darkness
and we feel our weakness and helplessness,
give us the sense of Your presence,
Your love, and Your strength.
Help us to have perfect trust
in Your protecting love
and strengthening power,
so that nothing may frighten or worry us,
for, living close to You,
we shall see Your hand,
Your purpose, Your will through all things.

We may be faced with global climate change, an uncertain economic climate, or a challenging political climate, but we can still be confident that God will guide us through whatever lies ahead.

With my love and prayers

Judie Horrocks

Church Services		
Sundays	08.00	Holy Communion
	10.30	Parish Communion
	18.30	Evening Prayer
Tuesdays	12.30	Holy Communion
Wednesdays	12.30	Healing & Wellness
Thursdays	12.00 noon	Holy Communion

In addition to the times shown above, Church will be open for private prayer and visitors during February as follows: 12.00 noon to 1.15 pm on Tuesdays and Wednesdays, and 11.30 am to 12.45 pm on Thursdays.

For Baptisms and Weddings please contact the Lecturer on 01204 522226.
For Funerals please contact the Vicar on 01204 845332.

2011 passion for Bolton

Note to self:

Do not forget the dramatic re-enactment of key events of the first Easter due to be performed in Victoria Square on Saturday 23 April 2011.

'Passion for Bolton 2011' to do list:

Prayer:

Pray for the actors, director, crew, choir, admin team, volunteers, Core Team & Steering Group.

Pounds:

Offer financial support – any amount helps. (£10,000 out of the overall £35,000 budget still needs to be raised)

Contact the Project Administrator on

anne@passionforbolton.org or 01204 546139 or place an envelope in the collection plate labelled 'Passion for Bolton'.

Promotion:

Make sure people at church, family, friends, neighbours, and work colleagues know that Victoria Square is the place to be at 12noon on 23 April.

People:

Prayerfully consider who to invite to come with us on the day

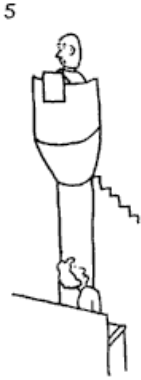
March Magazine

The March magazine will be available from Sunday 27th February. Copy should be submitted by Wednesday 23rd February. Items for inclusion can be sent directly to the Editor: judy@postlude.org or:

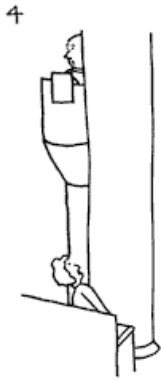
The Parish Office, St Peter's Parish Hall, Silverwell St., Bolton,
BL1 1PS admin@boltonparishchurch.co.uk

PEWS

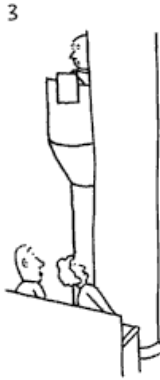
THE FIVE WORST PLACES TO SIT. IN REVERSE ORDER:



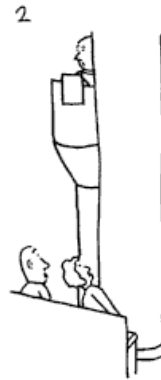
UNDER THE PULPIT



UNDER THE PULPIT
BEHIND A PILLAR



UNDER THE PULPIT
BEHIND A PILLAR
NEXT TO THE
OUT-OF-TUNE
SINGER



UNDER THE PULPIT
BEHIND A PILLAR
NEXT TO THE
OUT-OF-TUNE
SINGER ON THE
NARROW PEW



UNDER THE PULPIT
BEHIND A PILLAR
NEXT TO THE
OUT-OF-TUNE
SINGER ON THE
NARROW PEW
NEAR THE
CHILDREN'S
CORNER

CartoonChurch.com

Originally appeared in the Church Times. Reproduced with permission of CartoonChurch.com

From the Parish Records

Baptisms

9 January

Milissa Sophie Farrell

Isaac John Kinsella

Funerals

26 January

Nat Lofthouse OBE

Collect

Second Sunday before Lent

O Lord God, who seest that we put not our trust in any thing that we do: Mercifully grant that by thy power we may be defended against all adversity; through Jesus Christ our Lord.

Meditation Group News

We are now approaching the start of our sixth year. The idea for the Groups came from a few of us meeting in our Church for silent prayer, and it has grown since then into a larger ecumenical group of people from Bolton and beyond. The Friends Meeting House has proved to be a good venue and we are indebted to the Quakers for making a room available to us twice a week. People come to which ever group suits them.

“The important aim of Christian meditation is to allow God’s mysterious and silent presence within us to become more and more not only a reality but the reality which gives meaning, shape and purpose to everything we do, everything we are” (John Main)

Sessions are on Mondays at 7.30 pm and Thursdays at 2 pm and consist of:

A short reading

A little reflective music

20-25 minutes of silent meditation, ending with a little music

Concluding with a brief reading

We have tea/coffee/biscuits after the session

Everyone is welcome, even if you cannot come regularly.

The group is celebrating its fifth Birthday this year and we are inviting any member of the Church who may be interested to know more about Christian Meditation, and those who were with us at the beginning but have left, to come along and celebrate with us.

It is on **Saturday 19th February** at the Friends Meeting house at 12 noon and will go on to 2-30pm There will be a buffet lunch – an introduction to Meditation a Circle Dance to relax us and enjoy. We are inviting people from other groups who have started meditating at Bolton and then gone on to start their own groups. Lots of friendly people Lots of fun.

As we joined in worship in January for **Christian Unity**, the group readings for the next few weeks will be from people from other denominations starting with the Quakers. - Isaac Pennington.

“Give over thine own willing, give over thy own running, give over thine own desiring to know or be anything and sink down to the seed which God sows in the heart, and let that grow in thee and be in thee and breathe in thee and act in thee; and thou shalt find by sweet experience that the Lord knows that and loves and owns that, and will lead it to the inheritance of Life, which is its portion.”

Isaac Pennington (1616–1679) was one of the early members of the Religious Society of Friends (Quakers). His writings are prized for their insightful and eloquent exploration of spiritual experience; there is much that is eloquent, moving, and deeply insightful. His Letters have been read continuously within Quakerism for their spiritual counsel, and they deserve to be read more widely within Christianity. He was imprisoned six times for his beliefs, starting in 1661. Sometimes the charge was refusal to take an oath.

The Meditation Group is also looking forward to its annual Retreat in March at the Briery Retreat & Conference Centre in Ilkley. Its title is **MIND BODY & SPIRIT (2)**. Following the pattern of last year, we have asked Terry Doyle and Gretchen Stevens to lead it.



Gretchen Stevens is Director of the Centre for Complementary Care in West Cumbria; where she has practised healing by gentle touch for over 20 years, with remarkable results.

A discipline of silence, meditation and prayer lies at the heart of the work. Healing follows as a natural consequence.

Terry draws upon a variety of Eastern Healing Methods, including T'ai chi and Chi Kung designed to empower those who are interested in preventative health, physical fitness or human potential. He is very interested in inter-faith dialogue. Terry says his sessions will give people time to connect with their “Inner smile”.

The weekend will commence with meditation at 5.15pm before the evening meal on Friday and will finish after lunch on Sunday.

In addition to the sessions, Saturday afternoon will be free for relaxation in the house and gardens or visits in the locality. On Sunday there will be a simple Eucharist. Directions to ‘The Briery’ and programmes for the weekend will be available nearer the date.

Anyone interested in coming on retreat with us, should contact Lesley Easterman.

Feast + Fast – food for Lent and Easter

By Christina Rees, Darton Longman and Todd, £8.99

As Lent approaches you may be wondering how best to mark it. Traditionally a period of abstinence, should we deny ourselves luxuries such as chocolate or alcohol? Or should we do something positive, and if so what? How best can we nurture our bodies and souls through this important period in the year?

In this new and original book, Christina Rees takes us on a spiritual and culinary exploration of the Christian traditions around fasting and feasting in Lent and Easter. Divided into sections for breakfast, lunch and dinner, Christina examines the significance of each and includes recipes for quick but satisfying meals through the forty days of Lent, leading up to a wonderful Easter feast to savour.

A cookery book with spiritual wisdom thrown in, *Feast + Fast* offers simple and delicious food for thought this Lent.

'A Thank You'

To all at Bolton Parish Church.

We would like to say a big thank you for marrying us at your church.

It was our special day and you made it all perfect for us.

The wedding service was just lovely (perfect) and the choir was fantastic as always!

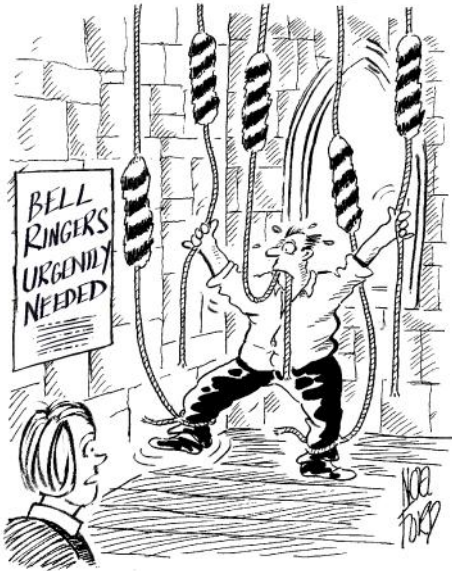
Thank you for making us feel so welcome every time we have attended church.

It truly was a perfect day for me, Gareth and all our family.

We look forward to seeing you all in the future.

Thank you.

Julie, Gareth, Caitlyn & Ashton



"Ready when you are, George..."

Want to read the Bible? Get an app!

As mobile phones become more than just portable telephones, a whole new market has emerged – the app store. With many of us receiving Apple and Android devices such as the iPad tablet computer and the HTC Desire smartphone, there will be heavy demand for app stores to offer extra software. This could include games, office software or even programs to enable you watch TV on the go. Since the launch of the iTunes Store, the Bible App has been one of the most frequently downloaded apps. The Bible App created by YouVersion says it is the world's number one Bible app. It can be downloaded free of charge from all major app stores including Apple iTunes for both iPhone and iPad, Android Market, Blackberry App World and Palm App Catalogue. It allows users to read the Bible, share verses via their social networks, create reading plans and bookmark their favourite passages. It has been downloaded more than 10 million times – that's once every 2.8 seconds. The Bible App can be downloaded directly onto a mobile device from www.youversion.com/download

Apps available from the iTunes online app store

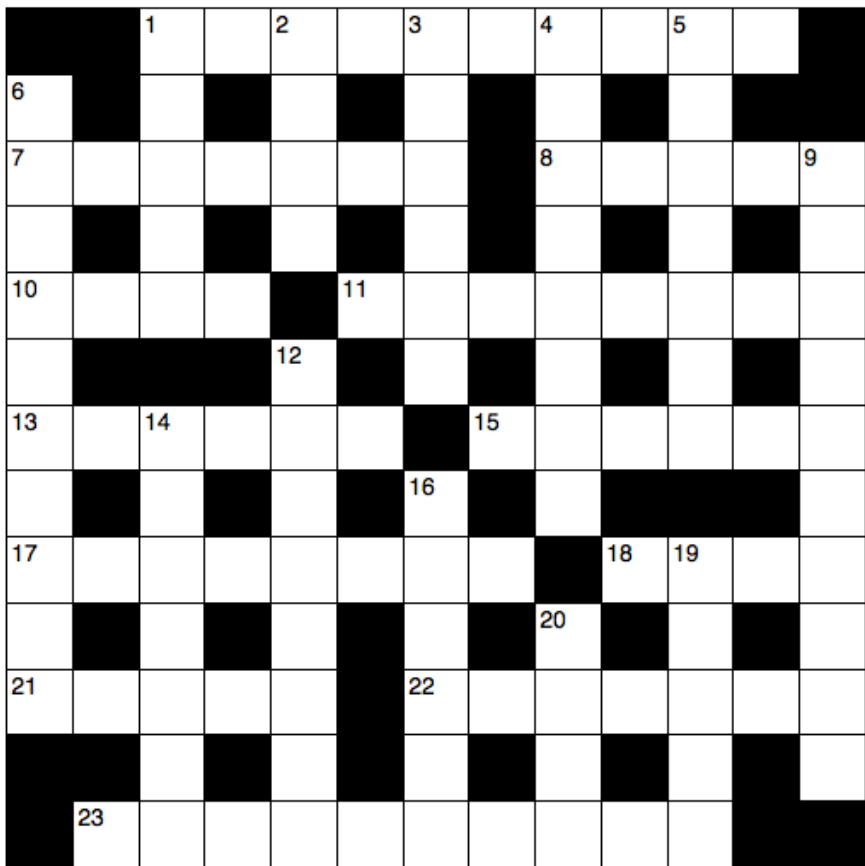
Church Organ (59 pence)

Now you can carry a large church organ in your pocket - with two keyboards, four octaves and plenty of stops to recreate that "in church" feeling.



Bibleshaker (59 pence)

Just choose a category, such as fear, blessing, finances, guilt... Then shake your iPhone, and a random verse on the theme will pop up.



Across

- 1 Success or wealth (Deuteronomy 28:11) (10)
- 7 Forbidden fruit for Nazirites (Numbers 6:3) (7)
- 8 Concede (Job 27:5) (5)
- 10 Look at (Psalm 48:13) (4)
- 11 Much in evidence after weddings (8)
- 13 Condense (Job 36:27) (6)
- 15 Breakwater (6)
- 17 Give a tan (anag.) (8)
- 18 More usually now called Pentecost, — Sunday (4)
- 21 After living for 365 years, it was said of him that ‘he walked with God’ (Genesis 5:23–24) (5)
- 22 Trampled (Judges 9:27) (7)
- 23 For example, Miriam, Deborah (Exodus

Down

- 1 Arrogance (Proverbs 8:13) (5)
- 2 Roman poet from first century BC (4)
- 3 So rapt (anag.) (6)
- 4 Declare again (2 Corinthians 2:8) (8)
- 5 Paul’s ‘fellow worker’, to whom he sent two epistles (Romans 16:21) (7)
- 6 God’s foreseeing care and protection (Job 10:12) (10)
- 9 Traditional form of Roman Catholic Mass (10)
- 12 ‘The Lord... has given the — of Israel to David and his descendants for ever’ (2 Chronicles 13:5) (8)
- 14 ‘My soul glorifies the Lord and my spirit rejoices in God my —’ (Luke 1:46–47) (7)
- 16 The central element in Nebuchadnezzar’s dream, identified and interpreted by Daniel (Daniel 2:31) (6)
- 19 ‘On this rock I will build my church, and the gates of — will not overcome it’ (Matthew 16:18)

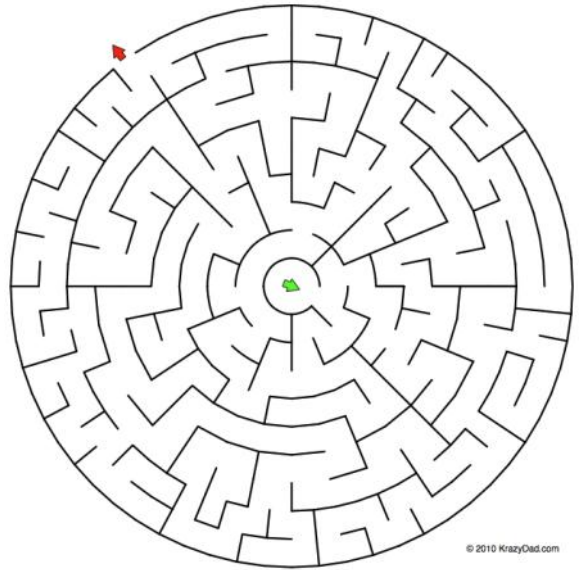
(answers on the back inside cover)

Ecumenical Lent Groups

In addition to the lunchtime Lent Reflections, there will be the opportunity this year to join with people from across Christians Together in Bolton Town Centre for evening Lent Groups. The days and venues of groups will be decided in the early part of February.

Men occasionally stumble over the truth, but most of them pick themselves up and hurry off as if nothing ever happened.

Sir Winston Churchill



8th February - Saint Kew

St Kew has nothing to do with gardens or the ‘Q’ of James Bond fame. This Kew lived in Cornwall in the 5th century, and should be the patron saint of girls with difficult older brothers.

Kew’s older brother was a hermit who felt his younger sister was not worthy to even visit his cell. But big brothers often underestimate their younger sisters, and he was no exception. One day Big Brother saw a wild boar charge out of the woods towards his sister. She spoke to it kindly in tones of such purity and sweetness that it immediately slowed down to a peaceful walk. Her brother was so shaken by this that he repented of his superior attitude. When he then bothered to spend time talking with young Kew, Big Brother discovered her nature to be of “rare virtue and holiness”. Other people thought so too, and after her death they decided Kew had been a saint, and should have the parish church named after her.

Perhaps the moral of all this is that if you want to win over a difficult older brother, you should first practise on wild boars.

Love and Clean

Kate and I have something in common. We both have a family member in Beechville Care Home – a lovely purpose-built residential home for older people. Kate's mother and my father live there on one of the units for people who live with dementia. As it is a Methodist Home, there is a Chaplain, Eileen, who visits one or two days each week, meeting with residents or holding a short service in addition to the monthly Communion Service.

A simple service of hymns and prayers was nearly over one day recently, when the Chaplain asked if anybody had anything they wanted to contribute. Kate's Mother, Pat, spoke up. She is not as articulate as when I first met her, but managed to say something along these lines:

“They tell us that now we are here we do not have to do anything, but someone will do everything for us. But I say that as long as we can love and clean then we have a job to do.” She went on to try to explain how we can love each other – she need not have bothered as she is always found looking after other residents, reassuring them by trying to talk to them or taking their arm, and so, despite her deteriorating abilities, her life demonstrates what she was trying to say. My first reaction was to think, “Ah, bless her.”

But then the penny dropped. This was not something sweet said by someone society may judge to be of

little worth due to dementia. This, rather, was the thinking of a woman searching to make sense of her own devastating illness, and discovering that, no matter what was taken from her, she could still find meaning in life. Coming from someone with such a condition, she spoke powerfully to me and maybe to us all in our everyday traumas and losses – however little we can do, we can still love.

Later that same day, a friend came to visit my father who was tired, and, after giving his visitor an initial beaming smile, he spent most of the time asleep. “No matter,” said the friend. “Albert has been my mentor for many years and I gain something just by being in his presence.” He had found a meaning in the life of someone who is now much less able than Pat – and of course I really appreciated his saying so.

Dementia is one of the things that many fear, and not surprisingly. But here are two people showing there is no boundary which removes our meaning, and no place beyond the reach of our God whose name is love.

But as for the cleaning Pat mentioned? Well, she is welcome at my house any time!

Joy Pope

(with permission of Pat and family)

Dementia Support Group.



Reg. Charity No 1123776

The Group is Bolton's only specialist dementia care group since the closure of the local Alzheimer's Society. The Group arranges training sessions, organises activities and produces a newsletter called *The Candle*. The logo adopted by the Group is composed of a lit candle surrounded by a base of pansies. This particular flower was chosen because it represents 'thoughts' in the language of flowers. The lit candle is used to reflect the Chinese proverb *It is better to light a candle than curse the dark*. The Group strives to ensure its combined efforts and commitment ensure the candle will continue to burn brightly on behalf of all people with dementia and those who support them.

The Dementia Support Group
Carers' Resource
Thicketford Centre
Bolton
BL2 2 LW
01204 386696

www.allcommunity.co.uk/dementiasupportgroup

What is Dementia?

Dementia is an umbrella term used to describe a number of diseases, the most common being Alzheimer's disease. People with dementia have memory loss and they may have difficulties speaking

and understanding others. They will also have problems with thinking, recognising people and may forget what simple objects are used for.

There are approximately 750,000 people with dementia in the United Kingdom today. The global figure is 18 million, and this is expected to rise to 34 million by 2025.

Dementia affects 1 in 17,000 people below the age of 65, 1 in 50 between the ages of 65 and 70, and 1 in 5 over the age of 80.

Awareness-Raising Sessions

Caring for someone with dementia can be both rewarding and demanding. Often the more you learn about the disease, the better you are able to understand it and cope. The Dementia Support Group has devised weekly half-day carer courses over a period of eight weeks. The courses help you to understand how it might feel to have dementia, why people with dementia act the way they do and how you as a carer can help.

Support Groups

Carers who have attended the training sessions have realised the importance of being able to share their feelings with others, and have gone on to form a support group, which meets on Tuesday mornings from 10.30 to 12 noon at the Carers' Resource, Thicketford Centre. The centre has a resource library with books and DVDs on a range of relevant subjects.

Activity sessions are held on Wednesday afternoons between 1.30 and 3.30 at Trinity Methodist Church Hall, Tonge Fold. Activities include indoor bowling, a full-size skittle alley and board games. Refreshments Are also served. The sessions are for carers and the persons they are caring for.

Colin Dale's Guide to Your Garden in February

This is the month when spring finally arrives in the garden, with signs that plants are coming out of their winter rest – either with early flowers, many of which are deliciously scented, or new shoots beginning to add hues of green to bare twigs and earth.

Early spring bulbs such as Snowdrops, Crocus and Daffodils are beginning to flower, with many more to follow, adding a touch of spring in gardens until May. Conifers and evergreens will still be providing colour and structure at this time and can be fed with a general fertiliser to keep them in good heart through the growing season.

On warmer days, the spring clean-up can commence. Weed through borders, taking care not to damage tender shoots of bulbs and perennials, which will be just below the soil surface. Turn your compost heaps and use well-rotted material as mulch to cover any bare earth. This will help preserve moisture and also help to condition the soil, adding valuable organic matter. Use any material collected during the tidy-up to replenish the compost heap, layering up with finer material, such as vegetable peelings or weeds.

Don't neglect your seating areas and give them a good clean with a patio cleaner, available from your local garden centre. Why not clean down your garden furniture at the same time, ready for use when the weather warms up.

If you are lucky enough to have a vegetable garden or allotment, there will be a lot of catching up to do after the wet winter. Dig over any vacant ground and plan your production for the year. Your local garden centre will have stocks of onion and shallot sets, which should be planted at the end of this month – weather permitting. And who can resist home-grown early potatoes? If you have room, visit your local garden centre now and choose from the range of seed potatoes available.

Give your greenhouse a good clean if it is empty, to prepare for the season ahead. If you grow your own bedding plants, visit your local garden centre and choose from the range of seeds available. They can be sown now in a heated propagator and kept in a warm greenhouse until needed to plant up hanging baskets and containers. Tender plants should be grown on in a frost-free place until mid-May. Remember to open the vents on warmer days to keep good air flow.

Clematis are one of the most popular climbing plants in our gardens and varieties are available for almost every situation. Late flowering hybrids, such as C. Jackmanii and C. Ville de Lyon can be cut back to a pair of healthy buds at about 15cm from the ground. Protect the young shoots from slug damage until they have grown away and are covering your fences and trellis with vigorous growths, ready to flower again at the end of the summer.

Colin Dale is the plant buyer for Nottcutts Garden Centres

www.nottcutts.co.uk

Top 10 tips for February

1 Weed or hoe through your borders to remove any weeds that have germinated through the winter. Take care not to disturb spring flowering bulbs, which will be just below the surface of the soil.

2 Tidy up your winter bedding plant containers and give a weak liquid feed towards the end of the month, to replace the nutrients lost through the winter.

3 Visit your local garden centre and purchase a patio cleaner to remove moss and algae from your outdoor sitting areas.

4 Continue to compost suitable material and use rotted compost to mulch bare earth on borders. This will cut down on weeding and watering later in the season.

5 Visit your local garden centre and choose from the range of vegetable seeds available. Remember that even if you only have a window box or a few containers, there are varieties of baby vegetables and salad leaves to try.

6 Give your greenhouse a good clean and increase water to any overwintered plants as they begin to grow away. Open the vents on warmer days to allow as much air through as possible.

7 Cut back any perennial plants that still have old growth on them after the winter. Take care not to cut into any new growth that may be emerging.



8 Cut back hybrid Clematis that flower late in the season (after the end of June) to a pair of healthy buds, 15 to 30cm above the ground.



Guard against slug damage as the new shoots grow away. Varieties in this group include *C. Jackmanii* and the late-flowering *viticellas*.

9 Prune to the ground any ornamental grasses that have gone dormant through the winter, before the new growth appears. Complete the job with a feed of general fertiliser such as pelleted chicken manure.

10 This is a good time to plan and plant new borders; think about visiting a garden centre to choose from the wide range of plants available to give years of pleasure in your garden!

Books of the New Testament



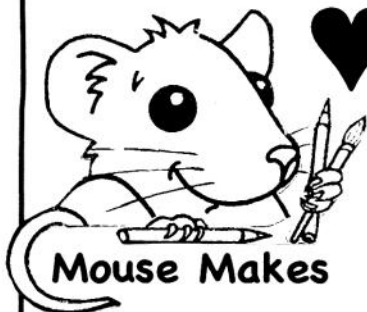
There are 27 books in the New Testament. Can you find them all in the grid above?

- MATTHEW
- MARK
- LUKE
- JOHN
- ACTS

- ROMANS
- ONE CORINTHIANS
- TWO CORINTHIANS
- GALATIANS
- EPHESIANS
- PHILIPPIANS
- COLOSSIANS
- ONE THESSALONIANS
- TWO THESSALONIANS
- ONE TIMOTHY
- TWO TIMOTHY

- TITUS
- PHILEMON
- HEBREWS
- JAMES
- ONE PETER
- TWO PETER
- THREE JOHN
- ONE JOHN
- TWO JOHN
- JUDE
- REVELATION

For Younger Readers



WHAT IS LOVE?
 Cross out every **second** letter and find the bible verse:

OHNMETJSOAHYF,
 CAHQAXPZTDEKR
 WFBOHUKRL,
 VAECRLSWE
 CTMER
 NQ

HOW DOES GOD SHOW HE LOVES US?
 Look at this page in the mirror

"God showed his love for us by sending his only son into the world, so that we might have life through him" I John 4:9

"The **steadfast** love of the Lord **never** ceases, his mercies **never** come to an end, they are new every morning"
Lamentations
 3:22-23

GOD'S LOVE
 Change each letter to the letter before it in the alphabet:

"Hpe mpwfe uif xpsmfe tp nvgi uibu if hbwf ijt pomz tpo tp uibu fwfszpof xip cfmjfwft jo ijn nbz opu ejf cvu ibwf fufsobm mjgf"
 kpio 3:16

HOW LONG IS GOD'S LOVE?
 Cross out all the **xxx** to find out.

"Oxgxixvxextxhxaxnxkxsxtxox
 xxhxexLxoxrxdx,fxoxrxhxexi
 sxgxoxoxdx,xhxixsxsxtxexa
 dfxaxxsxtxlxoxvxxexen
 dxuxrxexsxxfxoxrx
 exvxexrx."
 pxxsaxlxm
 136:1

My “Auntie Dolly”

Imagine my surprise, towards the end of last November, when glancing at the Looking Back photograph in the Bolton News, I spotted my Auntie Dolly. There she was, no mistake, right in the middle of the picture! This popular Looking Back feature in our local paper must be responsible for giving many readers a sharp nudge from the past. The remarkable thing is that the photo was taken back in 1935, when my Auntie Dolly was in her early thirties.

The large group photo showed the Sunday School teaching staff of the Victoria Hall Methodist Mission in Bolton, amazingly, all 82 of them! I had heard tell that Auntie Dolly had once been a Sunday School teacher at Victoria Hall, and this particular photo marked the occasion of the Sunday School's 150th anniversary in 1935. Again, it came as a surprise to me that there were more than 1,000 scholars registered there, hence the large number of teachers.

Dorothy, Auntie's correct name, was an only sister to her four remaining brothers. One of them, my father, referred to his sister as Dorrie, which I preferred. Auntie Dorrie was my Godmother, a small person, even diminutive. I've no doubt though, that she could make herself heard, particularly at home with her brothers! I just about remember Auntie's wedding, to a quiet-mannered man named Ralph – which took place, not

surprisingly, at the Victoria Hall. She would have been in her forties by then, and probably her brothers, one by one, had left the family home.

My Dad kept well in touch with his family, and we went along to visit Auntie Dorrie and her husband quite regularly. I liked going, as Auntie was a cheerful, sometimes giggly, happy sort of person. I imagine her Sunday School class would have taken to her, although she never had children of her own. Life mustn't have been easy for her, but you never could tell...

Auntie Dorrie gave me a book for my 12th birthday: the Children's Life of Christ by Enid Blyton, which I still have to this day. We remained in touch, and more so as Auntie's health began to fail – and right up to her rather sudden death in 1986. It is good to recall her in happier times, and to remember her as she once was.

Freda Rothwell



*Use a PC? This church
newsletter is a work of art!!*

Go on, mutter away to yourself

Do you ever talk to yourself? Don't worry – it is good for you. You are not going mad, but actually helping yourself to stay in control of your life.

“We give ourselves messages all the time, with the intent of controlling ourselves, whether that's telling ourselves to keep running when we're tired, or to stop eating even though we want one more slice of cake,” says a psychologist from Toronto University. “We found that people act more impulsively when they can't use their inner voice, or talk themselves through a demanding task.”

In fact our very own Lecturer is the first to admit she often talks to herself as she works!



The morning of Wednesday 26 January 2011 – Preparations for the funeral of football legend Nat Lofthouse.



Today's hymns are based on last week's trend in petrol prices...

Making the most of marriage

Marriage Week UK this year runs from 7th to 14th February, with the aim of celebrating marriage as the basis for family life in the UK. It seems that marriage is still very popular – more than 90% of young people in the UK hope to be married at some point in the future, and the large majority will achieve this. Two out of every three first marriages will last until one partner dies, and one in two second or subsequent marriages will also last a lifetime.

Visit: www.marriage-week.org.uk

To advertise in this publication, please contact judy@postlude.org or call the Parish Office on 01204 522226

TEAL ONE CALL

Plumbing - 24 hour call out

LEAKS - TAPS - SINKS - TOILETS
DRAINS - RADIATORS
BATHS & SHOWERS

Please ring Gordon
SMITHILLS, BOLTON

Tel: 07792 195817 or 01204 493852

Reuben Kyte

Carpenter/Handyman

Reliable and friendly service

All your carpentry needs, fitted bedrooms and Kitchens

Bespoke Furniture making

Plus

Decking, raised decking and fencing, Decorating, Tiling,

Flagging, Plumbing, Small building works

and much more.

No job too small, Free quotations Ring 07884492811

www.reubenkytecarpentry.co.uk

William Hunt

Painter & Decorator

Est. 1986

Interior and Exterior Work undertaken

Time-served Tradesman

1 Corner Brook
Lostock
Bolton
BL6 4GX
01942 813122

ChipsAway



Don't let a scratch on your car
put a dent in your pocket!

Professional quality repairs at a fraction of bodyshop costs

✓ Mobile or CarCare Centre ✓ Same day service ✓ We come to you

- Bumper scuffs • Paintwork scratches
- Minor dents • Small accidental damage
- Interior trim • Alloy wheels

For repairs in your area...

Call 07853 100958 or 0800 028 7878
to arrange for your free quote

www.chipsaway.co.uk

REPAIRS FULLY
GUARANTEED



Walsh's



De Olde Pastie Shoppe

Open: MONDAY - FRIDAY 9.30 a.m. to 2.30 p.m.
Closed: SATURDAY and SUNDAY

We are the little shop with the big reputation. We have served generations for generations, and the family has run the business since 1898. We sell fresh and frozen pasties and meat pies, along with pasties, whist pies and mini sausage rolls which are great for parties. Our uncooked frozen pasties, which can be baked at home for that 'fresh from the oven' taste, are well worth a try.

29 - 31 Churchgate, BOLTON BL1 1
Tel : 01204 - 524834 Fax: 01204 - 371682

We support Vision Aid, the Bolton charity for Blind and Partially Sighted Children

For information, or to make a donation, please contact Vision Aid at

P.O. Box 2211, Bolton BL6 9FW. Tel: 01942 790865

Email: visionaiduk@aol.com

Dear Lord and Father of Mankind

I imagine the American John Greenleaf Whittier would have been shocked to find the last verses of one of his poems had been turned into a hymn. As a Quaker, he believed that God was to be found and worshipped in stillness and silence rather than in music, ceremony and outpourings of emotion. His 17-stanza poem *The Brewing of Soma* begins with a description of ancient Vedic priests going into the forest, brewing a concoction called Soma and drinking themselves into a stupor in an attempt to have a religious experience and connect with their gods. Soma was a sacred ritual drink in the Vedic religion and is thought to have had hallucinogenic properties. Whittier goes on to liken this frenzied behaviour to the practices of the religious extremists of his day in the section beginning “And yet the past comes round again”. In the final ‘hymn’ verses he draws his lesson: “Dear Lord and Father of mankind, forgive our foolish ways!” and communicates his conviction that the way to God is through simplicity and sincerity—listening to the still small voice of calm.

The poem begins with Whittier’s inspiration for the poem—a quotation from a translation of a Hindu religious text.

He said, “Go out and stand on the mountain before the Lord, for the Lord is about to pass by.” Now there was a great wind, so strong that it was splitting mountains and breaking rocks in pieces before the Lord, but the Lord was not in the wind; and after the wind an earthquake, but the Lord was not in the earthquake; and after the earthquake a fire, but the Lord was not in the fire; and after the fire a sound of sheer silence. When Elijah heard it, he wrapped his face in his mantle and went out and stood at the entrance of the cave. Then there came a voice to him that said “What are you doing here, Elijah?”.

I Kings 19 11-13

The Brewing of Soma

These libations mixed with milk have been prepared for Indra: offer Soma to the drinker of Soma” - Vashista, translated by Max Muller

*The fagots blazed, the caldron's smoke
Up through the green wood curled;
Bring honey from the hollow oak,
Bring milky sap, 'the brewers spoke,
In the childhood of the world.*

*And brewed they well or brewed they ill,
The priests thrust in their rods,
First tasted, and then drank their fill,
And shouted, with one voice and will,
Behold the drink of gods!"*

*They drank, and lo! in heart and brain
A new, glad life began;
The grey of hair grew young again,
The sick man laughed away his pain,
The cripple leaped and ran.*

*Drink, mortals, what the gods have sent,
Forget your long annoy."
So sang the priests. From tent to tent
The Soma's sacred madness went,
A storm of drunken joy.*

*Then knew each rapt inebriate
A winged and glorious birth,
Soared upward, with strange joy elate,
Beat, with dazed head, Varuna's gate,
And, sobered, sank to earth.*

*The land with Soma's praises rang;
On Gihon's banks of shade
Its hymns the dusky maidens sang;
In joy of life or mortal pang
All men to Soma prayed.*

*The morning twilight of the race
Sends down these matin psalms;
And still with wondering eyes we trace
The simple prayers to Soma's grace,
That Vedic verse embalms.*

*As in the child-world's early year,
Each after age has striven
By music, incense, vigils drear,
And trance, to bring the skies more near,
Or lift men up to heaven!*

*Some fever of the blood and brain,
Some self-exalting spell,
The scourger's keen delight of pain,
The Dervish dance, the Orphic strain,
The wild-haired Bacchant's yell-*

*The desert's hair-grown hermit sunk
The saner brute below;
The naked Santon, hashish-drunk,
The cloister madness of the monk,
The fakir's torture-show!*

*And yet the past comes round again,
And new doth old fulfil;
In sensual transports wild as vain
We brew in many a Christian fane*
The heathen Soma still!*

*Dear Lord and Father of mankind,
Forgive our foolish ways!
Reclothe us in our rightful mind,
In purer lives Thy service find,
In deeper reverence, praise.*

*In simple trust like theirs who heard
Beside the Syrian sea
The gracious calling of the Lord,
Let us, like them, without a word,
Rise up and follow Thee.*

*O Sabbath rest by Galilee!
O calm of hills above,
Where Jesus knelt to share with Thee
The silence of eternity
Interpreted by love!*

*With that deep hush subduing all
Our words and works that drown
The tender whisper of Thy call,
As noiseless let Thy blessing fall
As fell Thy manna down.*

*Drop Thy still dews of quietness,
Till all our strivings cease;
Take from our souls the strain and stress,
And let our ordered lives confess
The beauty of Thy peace.*

*Breathe through the heats of our desire
Thy coolness and Thy balm;
Let sense be dumb, let flesh retire;
Speak through the earthquake, wind, and fire,
O still, small voice of calm!*

* fane – place of worship

My Veggie Stir Fry – a delightfully vague recipe

You will need:

A selection of vegetables such as onions, leeks, broccoli, spinach, green peppers, red peppers, baby sweet corn, pak choi, fennel, asparagus, courgettes, mushrooms.

Olive oil

Cajun powder

Ginger (fresh grated – or look for a jar of Very Lazy Ginger)

Fresh coriander

Fresh lime

Pine nuts

Crème fraiche

1/2 to 1 can of chopped tomatoes

Chop the vegetables and, stirring frequently, fry in olive oil in a wok-type pan (start with the vegetables that require more cooking, then add the others later). Add the ginger and a liberal sprinkling of Cajun powder. After several minutes (while vegetables are still ‘al dente’) add tomatoes, squeeze in the lime juice and throw in the rest of the lime for good measure if you want. If the sauce is too dry, add a little water. Stir and cook for a minute or so, then grab a large handful of coriander, tear it up and add. Toss in as many pine nuts as you fancy. Remove from the heat and stir in the crème fraiche – you decide how much. Stir briskly to avoid any separation.

Serve with new potatoes, baked potato or rice.

5 a day—easy!!



Pak choi

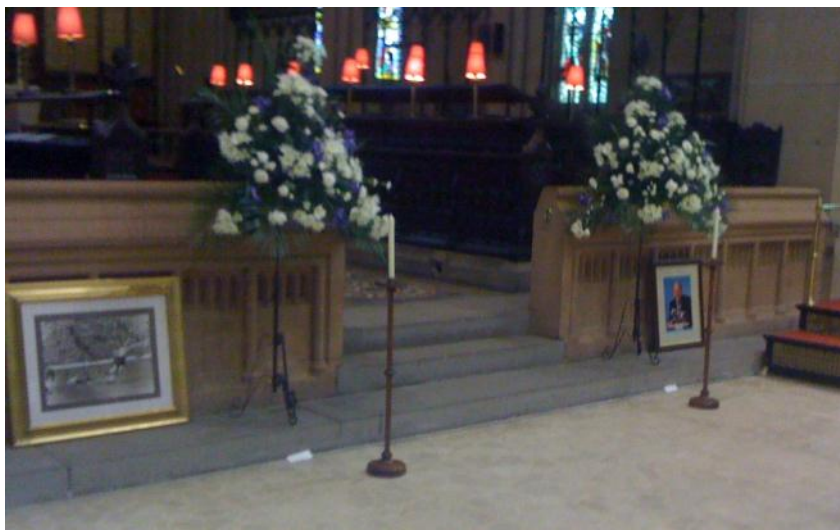


Red pepper



Fennel

Flowers at the Nat Lofthouse Funeral on 26 January



Reasons for being a Soprano

The rest of the choir exists just to make you look good ☺

You can entertain your friends by breaking their wine glasses.



Can you name an opera where an alto got the man?

When sopranos want to sing in the shower, they know the tune.

It's not like you're ever going to sing the alto part by accident.

When you get tired of singing the tune, you can sing the descant.

Reasons for being an Alto

You get really good at singing an E flat.

You get to sing the same note for 12 consecutive bars.

You have lots of time to chat during soprano solos.

You get to pretend that you are better than the sopranos, because everybody knows that women only sing soprano so they don't have to learn to read music ☺

Reasons for being a Tenor

You can show sopranos how it should be sung.

Did you ever hear of anyone paying £1,000 a ticket to hear the Three Bases?

Who needs brains when you've got resonance?

Tenors never have to waste time looking through self-improvement books.



Reasons for being a Bass

You don't have to worry about a woman stealing your job—or a pre-adolescent boy.

You never have to learn to read the treble clef.

If you get a cold, so what!

For fun you can sing at the bottom of your range and fool people into thinking there's an earthquake.

Parody on Immortal, Invisible, God Only Wise

Immoral, impossible, God only knows
How tenors and basses, sopranos, altos
At service on Sunday are rarely the same
As those who on Thursday to choir practice came.

Unready, unable to interpret the notes,
Nor counting, nor blending, they tighten their throats.
The descant so piercing is soaring above,
The melody only a mother could love.

They have a director, but no-one knows why,
For none in the choir will turn him an eye.
It's clear by his waving he wants them to look,
But each of them stands with his nose in the book.

Despite the offences, the music rings out.
The folks in the pews are enraptured, no doubt.
Their faces are blissful, their thoughts are so deep,
But that is no wonder, for they're all asleep.

Original, verse 1, by Austin Lovelace.

Verses 2-4 added by Ron Hodges (choir of St. Mark's, Palo Alto, California, USA) for the church's 50th anniversary in 1998.

NB. These sentiments could never be applied to our Choir!

February Music

<i>Sun 6th</i>	Teach Me, O Lord—Attwood
<i>Sun 13th</i>	Lord, For Thy Tender Mercies' Sake—Farrant/Hilton
<i>Sunday 20th</i>	Beati Quorum Via—Stanford
<i>Sunday 27th</i>	The Heavens are Telling—Haydn

Choral Evensong:

Psalm:	148
Responses:	Smith
Canticles:	Stanford in C
Anthem:	O Pray for the Peace of Jerusalem—Howells

**John
Wigham**

*Plumbing &
Heating Engineer*

All Building Services
and Property Repairs

uPVC Window Frames and Doors

*40 years experience
Clean and Efficient Service
Free Estimates*

11 SCHOLLS BANK
HORWICH, BOLTON BL6 7QQ
tel: 01204 692795 mobile: 07712 319362

RELPH'S OF BOLTON

*24 Hour Funeral
Service*



ARDEN HOUSE,
BLACKBURN ROAD
BOLTON BL1 8DW

Telephone: 01204 523488

Personal Service by the Relph Family

Experienced Professional Painter & Decorator

**Internal & External
Domestic & Commercial**



- Fully Insured
- Friendly Reliable Service
- Full Cover Up
- Furniture Removal
- Competitive Rates

PW Decorating Services

670 Tonge Moor Road
Bolton
BL2 3BL

Tel: 01204 410897 Mob: 07789 632377

King James Version 400 Years On

WIN A REAL EASTER EGG!!

Bible Scramble

Unscramble the letters in each word to discover the passage.

EH TTHA TSSPIHEED SIH RONIHGUBE TSNNIHE: UTB EH TTHA
THHA YRMEC NO EHT RPOO, YPPHA SI EH. OD YTHE TON RRE
TTHA VSIEED VLIE? UTB YRMEC NDA UTTRH SLLHA EB OT TMHE
TTHA VSIEED OOGD.

Bible Scryptogram

Each letter in the passage is replaced with another. Solve the code and discover the verse(s).

Knczc cghv zsbe lnd, H gf bln dnczddnobhes, gsv bln ahjn: ln blgb pnahnwnbl
hs fn, blezml ln yndn vngv, xnb clga ln ahwn

Bible Treasure Hunt

Solve the clue to discover the treasure, a Bible person, place, or thing.

The word from Paul was that he should,
While living there in Crete,
Appoint some elders in each town
Where congregations meet.

Bible Incomplete

Fill in the missing letters to complete the passage.

R_j_i_e_v_r_o_e._r_y_w_t_o_t_e_s_n_.I_e_e_y_h_n_g_v_t_a_k_:f_r
_h_s_s_h_w_l_o_G_d_n_h_i_t_e_u_c_n_e_n_n_y_u.

*Hand in or email solutions (complete or incomplete!) to Judy or Michael Pain.
judy@postlude.org*

A draw will be made and the winner will receive a Real Easter Egg.

Worth hearing

Would you welcome just 15 minutes of expert biblical teaching? If so, you may want to visit a recently established website called www.thesermon.co.uk, where you can view an on-going programme of short professionally-filmed biblical sermons, contributed by a team of international preachers. To date over 150 have been filmed - with more to come. The aim has been to 'help raise the appetite for Bible preaching among viewers and churches world-wide, and strengthen confidence in the power of Christ-centred proclamation.'

Education Sunday- 20 February

The aim is for churches to pray for and to celebrate the role of Christian educators and the role of Churches in all kinds of education across the country. The website below gives information and ideas about how to mark the day

<http://www.natsoc200.org.uk/2010/06/education-sunday-2011>.



Original Art
Greetings Cards & Gifts
Hand made Ceramics
Bespoke Jewellery
Floristry Service

Church Bank Gallery

5 Church Bank
Bolton BL1 1HX

07779 792635
01204 701626 (message)
lita@lita-art.com
www.lita-art.com

Open Tues, Thurs, Fri, Sat
10 till 4
Or any time by appointment

For something different

Crossword answers

ACROSS: 1, Prosperity. 7, Raisins. 8, Admit. 10, View. 11, Confetti. 13, Distil. 15, Groyne. 17, Navigate. 18, Whit. 21, Enoch. 22, Trodden. 23, Prophetess.

DOWN: 1, Pride. 2, Ovid. 3, Pastor. 4, Reaffirm. 5, Timothy. 6, Providence. 9, Tridentine. 12, Kingship. 14, Saviour. 16, Statue. 19, Hades. 20, Rome.

BOLTON PARISH CHURCH

ORGAN CONCERTS 2011

SATURDAY 7TH MAY at 11 a.m.

NIGEL SPOONER (Longridge Parish Church)

Including: Prelude and Fugue in B major – Marcel Dupré, Variations on an Original Theme – Flor Peeters Fantasia and Fugue on B.A.C.H. — Franz Liszt

Admission by programme £5 (concessions £3)

SATURDAY 4TH JUNE at 11 a.m.

CHARLES EDMONDSON (Kendal)

Including: Sonata No. 3 – Alexandre Guilmant

Admission by programme £5 (concessions £3)

SATURDAY 17TH SEPTEMBER at 11 a.m.

MICHAEL AUSTIN (Aalborg, Denmark)

Prelude and Fugue in C minor – Felix Mendelssohn Toccata, Chorale and Fugue – Francis Jackson

Seven Pastels of Lake Constance – Sigfrid Karg-Elert

Admission by programme £7 (concessions £4)

SATURDAY 24TH SEPTEMBER at 11 a.m.

MICHAEL AUSTIN (Aalborg, Denmark)

The Art of Fugue – J. S. Bach

Admission by programme £7 (concessions £4)

Tea and coffee will be served before each concert, from 10:30 a.m.

Car parking is available at the side of the church

Silverwell St., Bolton BL1 1PS

BOLTON PARISH CHURCH CONTACTS

Parish Staff	Telephone
Vicar: Revd Matt Thompson vicar@boltonparishchurch.co.uk	522226
Lecturer: Revd Judie Horrocks lecturer@boltonparishchurch.co.uk	522226
Associate Priest: Revd Prof. Kenneth Newport	
Assistant Curate: Revd Barrie Gaskell	
Church Wardens: Mr David Morlidge Miss Evelyn F Weston	
Deputy Wardens: Mr Graham C Burrows Mr Ken G Jones Dr Michael Collier Mr Andrew Mitchell Mr John Doyle Mr John Walsh Mr Alan Forrester Mr Trevor J Whillas	
PCC Secretary: Mr Graham C Burrows	
Treasurer: Mr Andrew J Mitchell	
Director of Music: Mr Michael Pain	
Parish Administrator:	522226

Parish Church Schools

Canon Slade School, Bradshaw Brow BL2 3BP

Headteacher: Mr. Phil Williamson

Tel: 01204 333343

Bishop Bridgeman Primary School, Rupert Street BL3 6PY

Headteacher: Miss. Jill Bingham

Tel: 01204 333466

Bolton Parish Church Primary School, Kestor Street BL2 2AN

Headteacher: Mrs. Jackie Bunyan

Tel: 01204 333433